Physical Environment MRI **Safety**

Tobias Gilk - Sept 28, 2022



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- Past Member ACR MRI Safety Committee
- Contributing Author 2013 & 2020 ACR MRI Safety Guidance
- Founding Board Member / Past Chair ABMRS
- International Trainer on MRI Safety



ABMRS Content Disclosure

This presentation is not sponsored by or affiliated with the American Board of Magnetic Resonance Safety (ABMRS).

As a member of the the Board of the ABMRS, I am prohibited from speaking on specific examination question content, but permitted to provide education on MRI safety concepts and principles.

This presentation is not an exam preparation for any examination.

Rules of the Road

- Everything on the screen is for you (you can copy or take photos).
- If you have questions, ask!
- If you disagree, please speak up.

Outline

Physical Environment MRI Safety

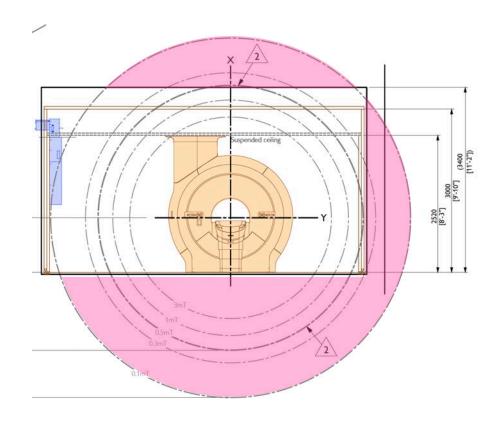
- Intro
- Magnetic Field Reach
- Zones
- Cryogen Safety
- Novel MRI Systems
- Q&A



Static Field

- In Construction, many construction materials do not contain magnetic fields.
- Steel structures will interact with magnetic fringe field, reshaping it.
- Steel structures can become magnetized, or 'magnetically contaminated', which can affect future functions in the space.

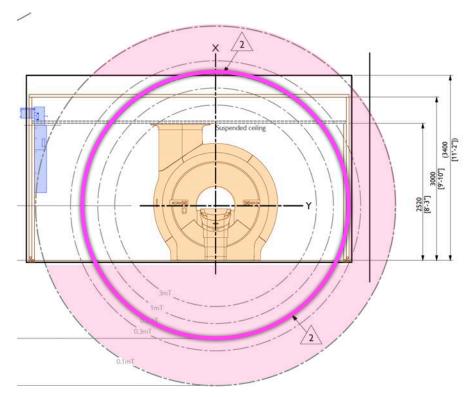
Static Field



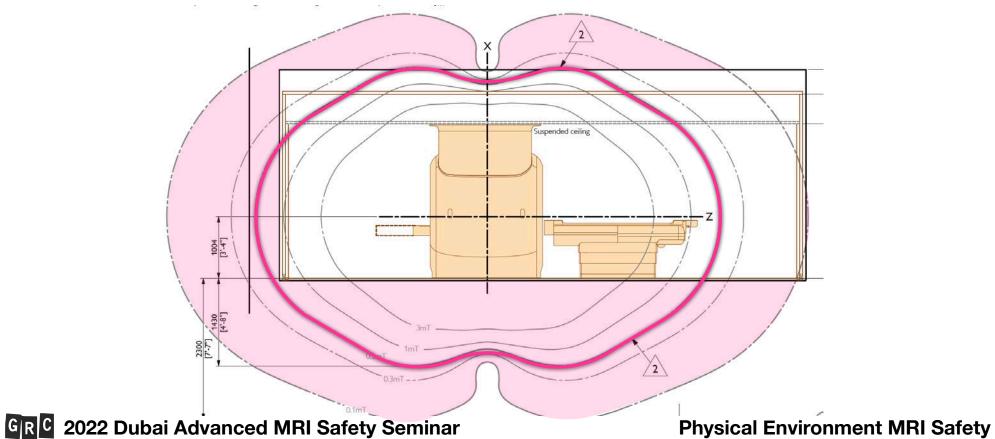
9 Gauss (0.9 mT) is the new 5 Gauss (0.5 mT)

- Last month the IEC changed the standard for static field safety for unscreened persons from 5 Gauss (0.5 mT) to 9 Gauss (0.9 mT)
- IEC governs manufacture of MRI equipment, but this change has obvious implications for all existing MRIs
- US FDA does not have independent safety standard... they reference IEC
- I understand EU regulation references ICNIRP, so perhaps more steps

9 Gauss (0.9 mT) is the new 5 Gauss (0.5 mT)



9 Gauss (0.9 mT) is the new 5 Gauss (0.5 mT)



Zones

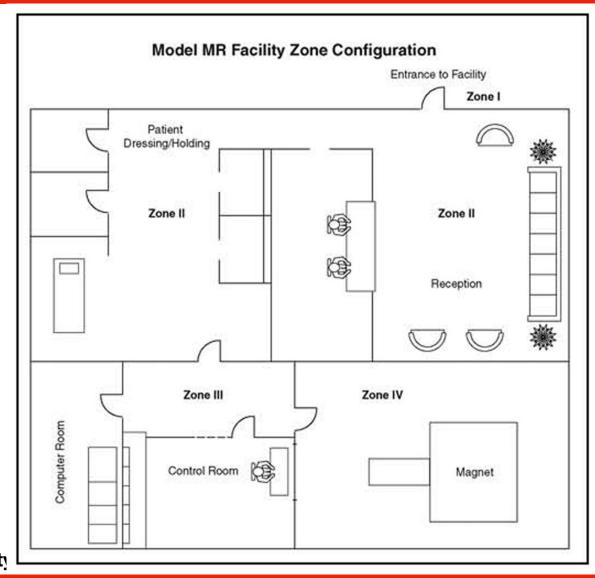


Zones

What They Are

- Zones are MRI-specific hazard areas, going sequentially from 'No Risk' to 'Maximum Risk'
 - Zone 1 No MRI Function. No MRI-specific Risk.
 - Zone 2 MRI Function. No MRI-specific Risk.
 - Zone 3 MRI Function. Moderate MRI-specific Risks.
 - Zone 4 MRI Scanner Room. Extreme Possible MRI-Specific Risks

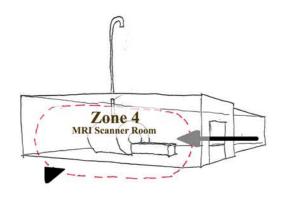
- Zones often shown on floor plan, associated with rooms
- Zone 4 is the only zone defined as a specific room

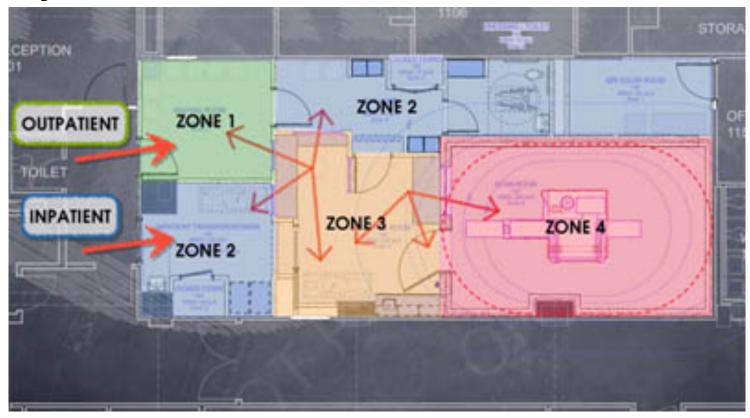


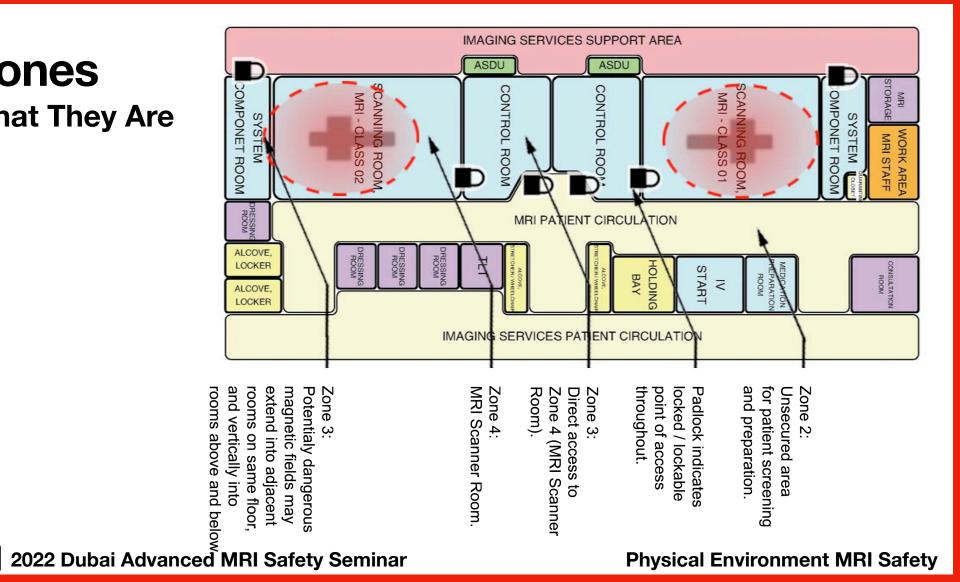


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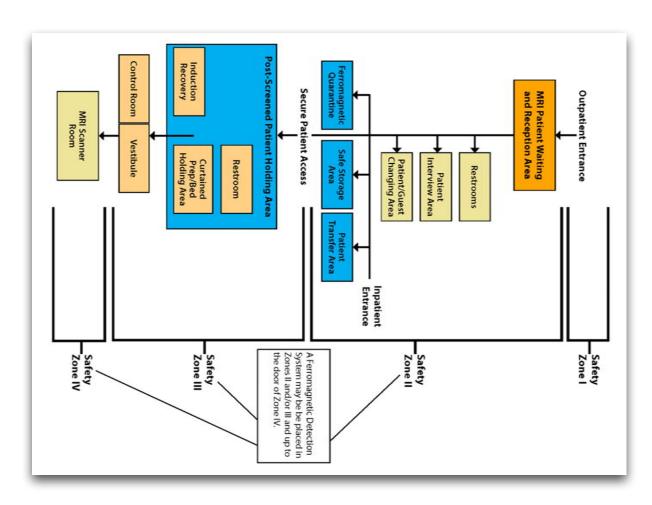
MRI Hazard Designations





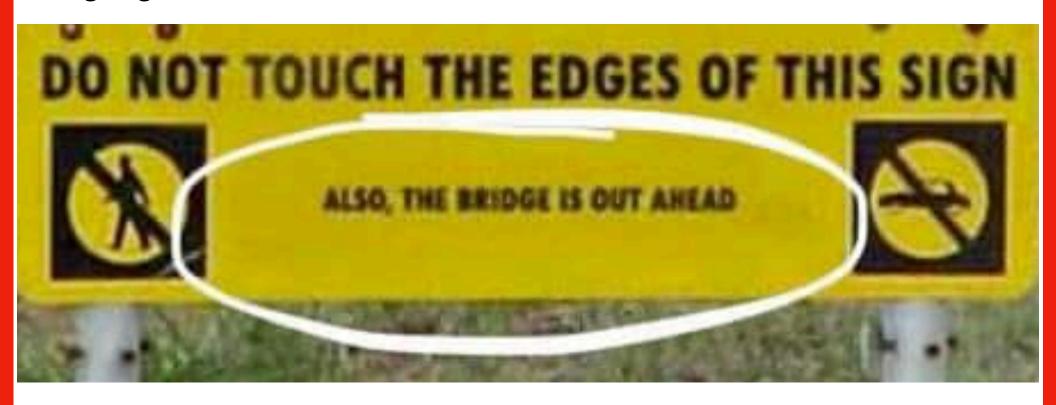


Physical Environment MRI Safety











Zones **Door to Zone 4**

Door to Zone 4 is the absolute last chance to catch hazard items







Zones **Door to Zone 4**

FULL STOP/FINAL CHECK

A "full stop and final check" performed by the MRI technologist is recommended to confirm the satisfactory completion of MR safety screening for the patient, support equipment, and personnel immediately prior to crossing from Zone III to Zone IV. The purpose of this final check is to confirm the patient's identification, ensure that all screening has been appropriately performed, and ensure that there has been no change in patient and/or equipment status while in Zone III.

https://www.acr.org/-/media/ACR/Files/Radiology-Safety/MR-Safety/Manual-on-MR-Safety.pdf

Zones **Tethers**

When supporting the use of non-MR Conditional portable equipment outside the MRI Scanner Room (Zone 4), such as horizontal patient transfer devices, infusion pumps, or patient monitors, planners shall provide anchoring tether-points to allow each individual portable piece of non-MR Conditional equipment to be tethered to prevent its inadvertent introduction into the MRI Scanner Room.

Zones **Tethers**





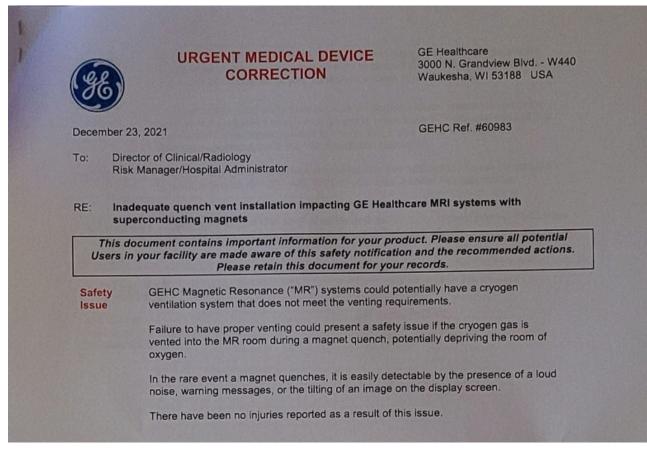
Cryogens and Superconductivity

- MRIs Are Electromagnets
 - Superconductivity reduces electrical consumption (reduces operational cost)
 - Superconductivity only available at super-cold temperatures
 - Liquid Helium boiling temperature -269° C

Quench vs. EPO

- Superconducting MRI Systems Typically Have 2 Emergency Features...
 - Emergency Power Off (EPO)
 - Quench Button

- A Large Majority of MRI Systems Are Superconducting & Require Cryogens
- A Few Newer Superconducting Magnets Do <u>NOT</u> Require Quench Pipes
- The Following Relates To Systems <u>WITH</u> Quench Pipes







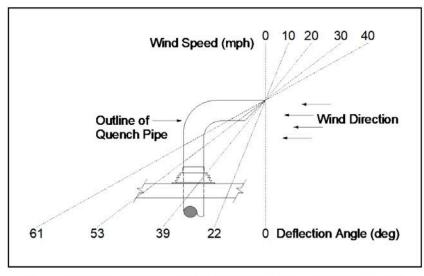


Figure 2.7.3.3-1: Diagrammatic illustration of how wind-driven rain can defeat a 90° quench pipe discharge with 45° chamfered end.

(Image used with permission from RAD-Planning)

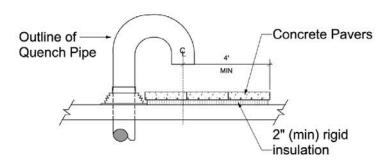


Figure 2.7.3.3-4: Diagrammatic illustration of a sacrificial roof protection assembly. (Image used with permission from RAD-Planning)





Magnet Room Door Swing

- I was one of the loudest voices demanding out-swinging MRI room doors (in the 90's / early 00's)
- This was when most RF doors were 'finger' or 'friction-fit' doors
- Hospital design standards increased requirements for latching doors
- MRI manufacturers began recommending / requiring passive pressure relief systems

Cryogen Safety Magnet Room Door Swing

Although it can provide a degree of redundancy, it should be noted that, even with an exhaust fan, designing the door to Zone IV to swing outward is not, by itself, an appropriate means of pressure relief. In a severe positive-pressure situation, unlatching an outward-swinging door might permit the door to burst open with tremendous pressure, potentially injuring person(s) opening the door. If employed as the only means of pressure equalization, an outwardswinging door may actually introduce new hazards to any person attempting to open the door to a pressurized magnet room from the outside.

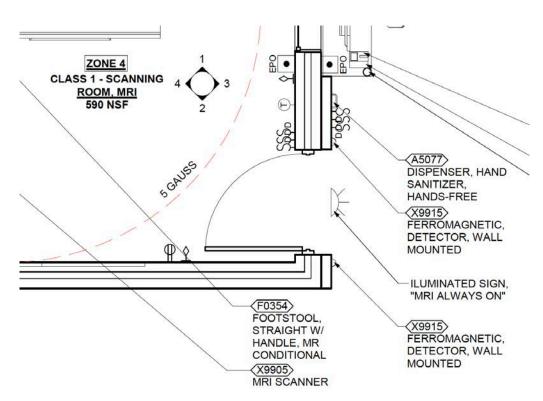
https://www.cfm.va.gov/til/dGuide/dgImaging.pdf

Cryogen Safety Magnet Room Door Swing

Once provided with appropriate pressure equalization and emergency exhaust, magnet room door-swing direction and design should be left to the discretion of a facility and their design professionals.

https://www.cfm.va.gov/til/dGuide/dgImaging.pdf

Magnet Room Door Swing



If Your Magnet Has A Quench Pipe...

... The scanner room should also have

- An Exhaust Fan
- An Overpressure Relief

Novel MRI Systems



Novel MRI Systems





Pediatric Population MRI Safety Benefits

- TEXT
- TEXT

Novel MRI Systems





Pediatric Population MRI Safety Benefits

- TEXT
- TEXT

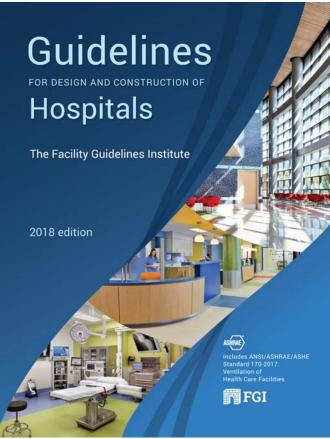
Resources



Resources







MR Imaging Safety Siting and Zoning Considerations



Tobias Benjamin Gilk, MArch, MRSO (MRSC), MRSE (MRSC)^{a,b,*}

• MR imaging • Safety • Zones • Standards • Practice • Physical environment • Construction

- In the past 20 years, MR imaging seems to have steadily produced increasing risk of harm. By contrast, safety initiatives have substantially reduced risk of harm from ionizing radiation usage in diagnostic settings.
- MR imaging safety, as an initiative, has suffered from the absence of formal standards of training or implementation.
- Physical environment MR safety (PEMS) has a significant potentiating capability for clinical and operational safety practices, when effectively integrated. When executed poorly, PEMS initiatives can actively undermine clinical and operational safety practices.
- Although several PEMS initiatives are only practical as a part of a major capital project, many PEMS improvements can be implemented without meaningful interruption to MR imaging patient care ser

INTRODUCTION/BACKGROUND

MR imaging safety, as a discipline, has been poorly formed in practice. With neither radiologists nor MR imaging technologists having formal curriculum in MR imaging safety as a part of their professional education, and with scant licensure or accreditation standard requirements for MR imaging safety that directly combat the sources of MR imaging harm, the structure and practice of MR imaging safety has developed in an alarmingly ad hoc manner, particularly when contrasted with contemporary practices for ionizing radiation safety. In this regard, MR imaging safety has become a victim of its own marketing.

In the past decade, alone, the stochastic risk from diagnostic exposure to ionizing radiation has fallen significantly due to concerted safety efforts on multiple fronts, although very small numbers of deterministic radiation burns continue to occur. It seems that the improvements in radiograph-based imaging technology coupled

with practice changes inspired by programs such as "Image Gently" and "Image Wisely" have made marked improvements in the safety of diagnostic modalities that use ionizing radiation.

By contrast, technological improvements in MR imaging over the past 20 years have largely increased risk concerns (eg, more powerful magnetic fields, greater radiofrequency (RF) power, increased slew rates), and there have been no comparable public awareness campaigns for MR imaging to identify or reduce risks or to better report the adverse events that do occur. In this timeframe, MR imaging-classified adverse event report rates to the US Food and Drug Administration (FDA) have accelerated faster than the number of examinations performed. Said plainly, the data suggest that, unlike diagnostic radiography, we are injuring more MR imaging patients today than we were 20 years ago (Fig. 1).

When we adjust our focus from the macro to the individual practitioner, we see enormous variability

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Q&A

Thank You

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